



**LARCHMONT YACHT
CLUB** *Fourth Annual*
Leukemia Cup Regatta
Saturday, September 6, 2014

SAILING INSTRUCTIONS

We hold the Larchmont Leukemia Cup to advance the mission of the Leukemia & Lymphoma Society. The Leukemia & Lymphoma Society Mission is: “to cure leukemia, lymphoma and myeloma and to improve the quality of life of patients and their families.”

The Leukemia Cup is a fundraising event. Every participant can join in our life saving efforts by raising much needed funds. The LLS Staff can assist you with any questions you have about where to begin and by setting up a personalized online fundraising website, one of the most effective ways to raise funds today. Thank you for raising your sail for a cure.

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LARCHMONT YACHT CLUB

Fourth Annual Leukemia Cup Regatta and Fall Edlu

Saturday, September 6, 2014

SAILING INSTRUCTIONS

For IRC, PHRF, PHRF DH, PHRF NS, J/105, J/70, Viper 640,
Etechells, IOD, Shields, S-Class, Ideal 18 and RSK6

We hold the Larchmont Leukemia Cup to advance the mission of the Leukemia & Lymphoma Society. The Leukemia & Lymphoma Society Mission is: “to cure leukemia, lymphoma and myeloma and to improve the quality of life of patients and their families.”

The Leukemia Cup is a fundraising event. Every participant can join in our life saving efforts by raising much needed funds. The LLS Staff can assist you with any questions you have about where to begin and by setting up a personalized online fundraising website, one of the most effective ways to raise funds today. Thank you for raising your sail for a cure.

1 RULES

1.1 This regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*.

1.2 Each boat shall carry a VHF radio capable of sending and receiving VHF channel 73.

1.3 Sections A, B and D of Appendix T will apply as changed:

(i) T1 is changed to:

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while *racing* or rule

31. However, when she may have broken one or more rules of Part 2 in an incident while in the *zone* around a *mark* other than a starting *mark*, her penalty shall be a Two-Turns Penalty.

(ii) T2.2 The Post Race Penalty shall be 30% if taken before the beginning of a protest hearing involving the incident

2 NOTICES TO COMPETITORS AND RADIO COMMUNICATION

2.1 Notices to competitors will be posted on the official notice board located on the front porch of the main clubhouse.

2.2 VHF Channel 73 will be used for communication.

3 CHANGES TO THE SAILING INSTRUCTIONS

3.1 Any changes to the Sailing Instructions will be posted no later than 0830 on the day they take effect. Copies will be posted on the official notice board and available at the Hospitality Desk.

3.2 Verbal changes to these sailing instructions may be made on the water via VHF 73 prior to the warning signal for that division.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed from the main flagpole of the Larchmont Yacht Club.

4.2 When Flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.

5 SCHEDULE OF EVENTS

5.1 Saturday, September 6

0955 First Warning Cruising Boats

1055 First Warning One Design Boats

1600 No warning signal after this time

Awards ceremony after racing

1800 Family Pig Roast and Silent Auction in the Pandemonium

5.2 The regatta committee intends to run multiple races. The number of races conducted is at the sole discretion of the regatta committee. If a subsequent race will be run, the race committee will signal its intention by flying code flag second substitute with no sound at the finish of the previous race.

5.3 After finishing the race, competitors shall stand clear of the finish line until all boats have finished that race.

5.4 One minute before the warning of the subsequent race, flag second substitute will be lowered with one sound signal.

5.5 The race committee will display the division flags of the divisions to have another race. The absence of division numerical pennants indicates that all divisions will have another race. The race committee will endeavor to broadcast its intentions over VHF channel 73.

6 DIVISION FLAGS AND CHECK IN

6.1 For boats in the IRC, PHRF, PHRF DH and PHRF NS divisions: Each boat shall display the numeral pennant for its division approximately 6-8 feet up on the backstay or, if the boat has no backstay, the starboard shrouds.

6.2 Scratch Sheets listing each boat by its class will be available at the front desk of the club, or online at www.larchmontyc.org and www.yachtscoring.com by 1800, Friday, September 5; and at the Hospitality Desk or from an RC boat during the event.

6.3 Before the first warning signal of the day, each boat is requested to check in by sailing past the committee boat hailing her division and sail number

7 START AND FINISH

7.1 The starting and finish line will be located in the area south of the Larchmont Breakwater

7.2 The position of the starting area will be announced on VHF channel 73 during poor visibility.

8 COURSES

8.1 The courses will be displayed from the signal boat and announced on VHF channel 73, of the variety described in 8.2, 8.3 and 8.4.

8.2 Day Distance Race, Courses 1, 2 or 3

Course 1: From the start to and around Green Bell G “11B” Fl G 4s GONG (Lat: 41 00.0 Lon: 73 23.7) off Eaton’s Neck, thence to the finish. Distance approximately 32 nm. The mark shall be rounded to starboard.

Course 2: From the start to and around Red Bell G “32A” Fl Red Bell (Lat: 40.58.007 Lon: 073.32.855) mid-sound, thence to the finish. Distance approximately 15 nm. The mark shall be rounded to starboard.

Course 3: From the start to and around an orange mark. Bearing and course length will be posted from the signal boat. Distance will be between 2 to 5 nm from the signal boat. The mark shall be rounded to starboard.

8.3 Windward-Leeward, Courses 22 through 66.

Course:

2 Consisting of 2 legs – windward, finish to leeward.

3 Consisting of 3 legs – windward, leeward, finish to windward.

4 Consisting of 4 legs – windward, leeward, windward, finish to leeward.

5 Consisting of 5 legs – windward, leeward, windward, leeward, finish to windward.

6 Consisting of 6 legs – windward, leeward, windward, leeward, windward, finish to leeward.

8.4 Race around Government Marks, **Course 77**

Government marks will be displayed from the signal boat and announced over channel 73. **See Appendix A, Government Marks Buoys Chart, and Appendix B, Government Marks Magnetic Course Chart, for mark descriptions and locations.**

8.5 For divisions with courses 2 through 6, the approximate magnetic compass bearing and distance to the windward mark will be displayed on the course board of the committee boat before the warning signal. The leeward mark will be approximately 100 yards to windward of the starting line.

- 8.6 The sample course board below shows bearing, distance and course for divisions one through four:

Sample course board

(aft)			(forward)
Bearing	Range	Division	Course
2	0.	1-4	4
3	5		
0			

9 TIME LIMIT

- 9.1 The time limit for all classes will be 1700. Boats failing to finish within the time limit will be scored DNF
- 9.2 Boats on the Windward-Leeward courses failing to finish within 30 minutes after the first boat in that division sails the course and finishes will be scored “Time Limit Expired” (TLE). This changes rule 35.

10 MARKS

Rounding marks for courses 22 through 66 will be orange inflatable marks, except as provided under sailing instruction 13.

11 START

- 11.1 Classes may not be started in numerical sequence, and class starts may be combined.
- 11.2 The starting line will be between an orange flag on the committee boat and a staff displaying an orange flag on the port end.
- 11.3 Boats whose preparatory signal has not been made shall stay well clear of the starting area and of all boats whose preparatory signal has been made.

12 RECALLS

The race committee will endeavor to identify recalled boats by broadcasting their sail numbers over VHF channel 73. Failure of a boat to hear her recall notification or the order of boats recalled shall not be grounds for redress.

13 CHANGING the NEXT LEG of the COURSE

The new mark will be an orange mark with a black band or a yellow mark for the first change. When a subsequent change of course is signaled, the new mark will be replaced with the original mark.

14 THE FINISH

The finish line will be between a staff displaying a yellow flag on a committee boat and a yellow flagged buoy on the opposite side from the starting line.

15 WITHDRAWAL

A boat that retires from a race or does not intend to start a scheduled race shall promptly report this to the race committee boat via hailing or on the designated VHF channel.

16 PROTEST

- 16.1 A boat intending to protest is requested to notify the race committee promptly after finishing that race.
- 16.2
- (a) Protest forms are available at the front desk.
 - (b) Written protests shall be delivered to the protest committee desk located at the top of the main staircase of the clubhouse no later than 1 hour after the race committee comes ashore.
 - (c) The expiration time for filing written protests will be posted on the official notice board.
 - (d) A list of protests in the approximate order in which they will be heard will be posted on the official notice board.
 - (e) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.

18 SCORING

- 18.1 One completed race constitutes a series.
- 18.2 For PHRF time allowances will be computed using time on distance.
- 18.3 For IRC the boats rating allowance will be applied as a factor of the elapsed time.
- 18.4 Boats sailing one-design level racing will be scored by class.
- 18.5 If fewer than five (5) races are completed a boat's series score will be the total of her race scores. If five (5) or more races are completed a boat's series score will be the total of her race scores excluding her worst score subject to rule 90.3(b). This changes Notice of Race 7.4
- 18.6 A boat scored "Time Limit Expired" (TLE) will be given two (2) points more than the number of finishers within the time limit in her division, but she shall not be scored worse than DNF.

19 PRIZES

- 19.1 Series prizes will be awarded to the first three finishers in each division if there are four or more entries.
- 19.2 Presentation of awards will take place at Larchmont Yacht Club on Saturday, September 6.

20 GUEST MOORINGS AND PRIVILEGES

- 20.1 Guest moorings will be available on a first come basis at no charge. Please contact the Waterfront Director at the Larchmont Yacht Club for reservations at 914-468-7756.
- 20.2 The privileges of the Club will be extended to owners and crews of competing boats.

21 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

John May– Regatta Committee Chairman
Jed Kelly– Event Principal Race Officer
Mary M. Savage – Protest Committee Chairman

Larchmont Yacht Club - 1 Woodbine Ave., Larchmont, New York 10538
(914) 834-2440 RC Fax (914) 468-7751 www.larchmontyc.org,
Email: racecommittee@larchmontyc.org

APPENDIX – A

Code	Approximate Location	Description	LAT N (degrees, decimal min.)	LONG W (degrees, decimal min.)
H-hotel	Hen & Chickens	G "1" Fl G 4s BELL	40° 54.8'	73° 44.1'
G-golf	South of Hen & Chickens	R "2" Fl R 4s	40° 54.2'	73° 44.3'
F-foxtrot	North of Execution Rock	G C "1"	40° 53.5'	73° 44.2'
E-echo	Prospect Point	G "23" Fl G 4s GONG	40° 52.7'	73° 43.2'
D-delta	East of Prospect Point	R N "2"	40° 52.5'	73° 42.7'
C-charlie	East of Prospect Point	R "N" 4	40° 52.2'	73° 42.0'
Y-yankee	Off Weeks Point (Long Island)	G C "1"	40° 52.7'	73° 39.5'
Z-zulu	Mott Point	R "6" Bell	40° 51.6'	73° 40.4'
X-xray	Matinecock Point	G "21" Fl G 4s GONG	40° 54.6'	73° 38.2'
O-oscar	Oak Neck Point	C "19" Green Can	40° 55.5'	73° 34.2'
L- lima	Lloyd Point	G "15" Fl G4s GONG	40° 57.7'	73° 29.3'
S-sierra	Mid Sound	R "32A" Fl R 2.5s Bell	40° 58.1'	73°32.8'
P- papa	Cows	R "32" Fl R 6s Bell	41°00.2'	73°31.4'
M-mike	Off Manursing Island	R "36" Bell	40° 58.1'	73° 38.8'
T-tango	Off Peningo Neck	R N "40A"	40° 56.1'	73° 41.3'
J-juliett	Off Mamaroneck Harbor	R "42" Fl R 2.5s BELL	40° 55.5'	73° 42.2'
I-india	East of Larchmont Breakwater	G C "1"	40° 55.3'	73° 43.2'

In addition to the government marks the race committee may use one yellow inflatable mark, which will be designated mark "A" (Alpha). If the race committee uses mark "A" it will announce its approximate location on the VHF communication channel.



LARCHMONT YACHT CLUB

Fourth Annual

Leukemia Cup Regatta

Saturday, September 6, 2014

SAILING INSTRUCTIONS

For V-15, 420, Laser and Laser Radial

We hold the Larchmont Leukemia Cup to advance the mission of the Leukemia & Lymphoma Society. The Leukemia & Lymphoma Society Mission is: “to cure leukemia, lymphoma and myeloma and to improve the quality of life of patients and their families.”

The Leukemia Cup is a fundraising event. Every participant can join in our life saving efforts by raising much needed funds. The LLS Staff can assist you with any questions you have about where to begin and by setting up a personalized online fundraising website, one of the most effective ways to raise funds today.

Thank you for raising your sail for a cure.

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*, Sections A, B and D of Appendix T will apply, as changed:

(i) T1 is changed to:

The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing or rule 31. However, when she may have broken one or more rules of Part 2 in an incident while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

(ii) T2.2 The Post Race Penalty shall be 30% if taken before the beginning of a protest hearing involving the incident.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located on the front porch of the main clubhouse.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the sailing instructions will be posted before 0900 on the day they take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the main flagpole of the Larchmont Yacht Club
- 4.2 Flag AP over Flag E with 2 sounds means “The race is postponed for the V-15, 420, Laser and Laser Radial course. The first warning signal will be made not less than 60 minutes after flags AP over E are lowered.”

5 SCHEDULE OF EVENTS

Saturday, September 6

1125	First Warning
1600	No warning signal after this time
After racing	Awards ceremony
1800	Family Pig Roast and Silent Auction in the Pandemonium

6 CHECK IN

Before the first warning signal of the day, each boat is requested to check in by sailing past the committee boat hailing her division and sail number.

7 CLASS FLAGS

Class flags will be:

V-15	Flag 1
420	Flag 2
Laser & Laser Radial	Flag 3

8 RACING AREA

The racing area will be in the waters south of the Larchmont Breakwater.

9 COURSES AND MARKS

- 9.1 Course will be windward/leeward as follows:

Course 1: W/L1 consists of a windward mark (to port) and a possible windward offset mark (to port), finishing to leeward leaving the race committee boat to starboard.

Course 2: W/L2 consists of a windward mark (to port) and a possible windward offset mark (to port), a leeward gate (to leeward of the finish line), finishing upwind leaving the race committee boat to port.

- 9.2 Courses will be announced before each race from the committee boat.
- 9.3 Course lengths are at the discretion of the committee.
- 9.4 All marks, excluding the offset marks if used, will be orange hippity hops or inflatables. The offset marks, if used, will be white hippity hops.

10 THE START

- 10.1 Races will be started in accordance with Appendix S.
- 10.2 The starting line will be between an orange flag on the committee boat and a staff displaying an orange flag to port.

11 THE FINISH

The finish line will be between a staff displaying a yellow flag on a committee boat and a yellow flagged buoy on the opposite side from the starting line.

12 TIME LIMIT

The time limit for the first boat to sail the course and finish will be 45 minutes. Boats failing to finish within 20 minutes after the first finisher will be scored "Time Limit Expired" (TLE). This changes rule 35.

13 WITHDRAWAL

A boat that withdraws from the race or that does not intend to start a scheduled race shall notify the race committee at the first opportunity.

14 PROTESTS

14.1 A boat intending to protest is requested to notify the race committee promptly upon finishing that race.

14.2 (a) Protest forms are available at the front desk.

(b) Written protests shall be delivered to the protest committee desk located at the top of the main staircase of the clubhouse no later than 1 hour after the race committee comes ashore.

(c) The expiration time for filing written protests will be posted on the official notice board.

(d) A list of protests in the approximate order in which they will be heard will be posted on the official notice board.

(e) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.

15 SCORING

15.1 One completed race in a class will constitute a series for that class.

15.2 When fewer than five races have been completed, a boat's series score will be the total of her race scores. If five or more races are completed, a boat's series score will be the total of her race scores excluding her worst score. This changes Notice of Race 7.4.

15.3 A boat scored TLE will be given 2 points more than the number of finishers except that she shall not be scored worse than DNF.

16 PRIZES

Series prizes for first, second and third in each class will be awarded after the conclusion of racing on Saturday, September 6 on the front lawn of Larchmont Yacht Club.

17 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

John May- Regatta Committee Chairman
Cynthia Parthemos - Principal Race Officer
Mary M. Savage - Protest Committee Chairman

Larchmont Yacht Club - 1 Woodbine Ave., Larchmont, New York 10538 (914) 834-2440
RC Fax (914) 468-7751 www.larchmontyc.org, email: racecommittee@larchmontyc.org



LARCHMONT YACHT CLUB

Fourth Annual

Leukemia Cup Regatta

Saturday, September 6, 2014

SAILING INSTRUCTIONS

Optimist & Optimist Green Fleets

We hold the Leukemia Cup to advance the mission of the Leukemia & Lymphoma Society. The Leukemia & Lymphoma Society Mission is: “To cure leukemia, lymphoma and myeloma and to improve the quality of life of patients and their families.”

The Leukemia Cup is a fundraising event. Every participant can join in our lifesaving efforts by raising much needed funds. The LLS Staff can assist you with any questions you have about where to begin and by setting up a personalized online fundraising website, one of the most effective ways to raise funds today. Thank you for raising your sail for a cure.

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing* and the current rules of the *JSA of LIS*.
- 1.2 All competitors and instructors must wear a non-inflatable USCG approved life jacket at all times while on or near the water.
- 1.3 Each boat must carry the safety equipment specified by the JSA and the USODA class association.
- 1.4 The protest committee may protest a boat or call a hearing when, from its own observation or a report received from any source, it believes that a competitor may have committed a breach of sportsmanship or the Rules for JSA Events.
- 1.5 Appendix C, Arbitration Procedures of the 2014 Rules of JSA Events will apply.

2 REGISTRATION

Each participant must appear in person at the registration table in the LYC Pandemonium during the registration period on September 6, 2014 from 0900 – 1030 and verify his/her name, birthday and sail number.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the front porch of the club house.

4 CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted on the official notice board by 0930 and announced at the skippers' meeting.

5 HARBOR SIGNALS

5.1 Signals made ashore will be displayed from the main flagpole of the Yacht Club.

5.2 A harbor start will be signaled at 1100 with one sound.

5.3 Flags AP over S with two sounds (one when lowered) means "the race is postponed". The warning signal will be made not less than 30 minutes after flags AP over S are lowered.

6 SCHEDULE OF EVENTS

Saturday September 6

1045	Skippers and Instructors' meeting
1100	Harbor Start
1155	First Warning
1600	No warning signal after this time
After racing	Awards ceremony
1800	Family Pig Roast and Silent Auction in the Pandemonium.

7 RACING AREA

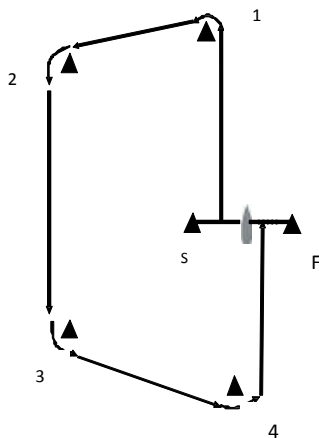
The racing area is in the vicinity of Bell #1 off Larchmont Harbor.

8 THE COURSE

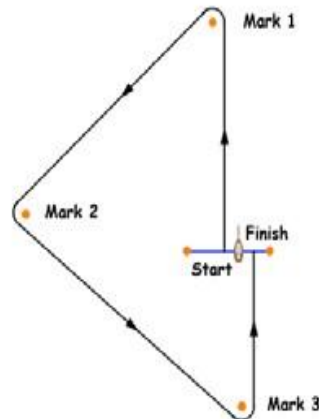
8.1 The Race Committee will announce the course which will be either A-Trapezoid or B-Triangle

8.2 Course Diagrams (schematic and not to scale)

Course A-Trapezoid:



Course B-Triangle:



9 MARKS

9.1 Marks will be yellow inflatables or hippity-hops.

9.2 Marks shall be rounded to port.

10 THE START

- 10.1 Races will be started in accordance with Sound-Signal Starting System of Appendix S. Multiple sound signals may be made before the warning.
- 10.2 Rule 30.1 (the "I" Flag Rule) will be in effect for all starts but flag I will not be displayed. This changes rule 30.1.
- 10.3 The starting line will be between a yellow flag displayed on the Race Committee Signal Boat and a yellow flag displayed on a staff on the port end.
- 10.4 Class Flag
 - Optimist: Numeral Pennant 1
 - Optimist Green: Green Flag
- 10.5 The race committee will attempt to hail the sail number(s) of boats OCS during the minute before the starting signal. Failure of the amplification system, the order and timing of the hail, or failure of a boat to hear a hail shall not be grounds for granting redress.
- 10.6 A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules 63.1, A4 and A 5.

11 THE FINISH

The finish line will be between an orange flag displayed on the race committee boat and an orange flag on a nearby finish pin to the starboard side of the race committee boat.

12 TIME LIMITS

- 12.1 The time limit shall be 90 minutes for the first boat of each division to sail the course and finish.
- 12.2 Boats failing to finish within 20 minutes after the first boat in each division finishes will be scored Time Limit Expired (TLE).

13 PROTESTS

- 13.1 Rule 61 will be changed as follows: Immediately after finishing a race, without consultation with instructors, coaches or spectators, a boat shall notify the race committee finish boat of its protest against another boat and (if possible) provide the sail number or skipper's name of the protested boat.
- 13.2 (a) Protest forms are available at the front desk.
 - (b) Written protests shall be delivered to the protest committee desk located at the top of the main staircase of the clubhouse no later than 1 hour after the race committee comes ashore
 - (c) The expiration time for filing written protests will be posted on the official notice board.
 - (d) A list of protests in the approximate order in which they will be heard will be posted on the official notice board.
 - (e) Hearings will begin as soon as practicable after written protests are filed. Witnesses must be available when called. If they do not appear when called, they may not be heard.

14 SCORING

- 14.1 A boat that does not start will receive a score equal to the number of boats registered in its division. This changes rule A4.2.
- 14.2 Boats scored OCS and DNF will receive one point more than the number of starters in that race. This changes rule A4.2
- 14.3 A boat that is scored "TLE" will receive two points more than the last boat to finish within the time limit in that division but her score will not be worse than DNF.
- 14.4 A boat's series score will be the total of her race scores with no discards.

15 SAIL NUMBERS

Numbers must be complete and clearly visible from both sides of the sail. Any boat with an incorrect or illegible sail number may not be scored.

16 EQUIPMENT

All boats must meet the safety equipment requirements as set forth by the USODA and JSA of LIS.

17 SAFETY REQUIREMENTS

All competitors and instructors must wear a non-inflatable USCG approved life jacket at all times while on or near the water. Each club is expected to send a support boat equipped with a VHF 2-way radio and a qualified operator suitable for race course safety patrol. (It is recommended to have one instructor boat for every 10 sailors.) Safety patrol assignments will be made at the skippers/instructors meeting.

18 COACHING

No coaching during the race will be allowed with the following exception:

At the discretion of the race officials a designated coach may provide coaching to sailors struggling to complete the race course. At no time may a non-designated coach provide any support for a sailor during a race unless safety is a concern.

19 PRIZES

19.1 The following series prizes will be awarded following the conclusion of racing on Saturday, September 6.

19.2 Prizes will be awarded for first through third places overall.

20 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Regatta Committee Chairman - John May
Co-Principal Race Officers - Paul Lennon & Buddy Wolf
Protest Committee – Mary M. Savage

Larchmont Yacht Club - 1 Woodbine Ave., Larchmont, New York 10538, (914) 834-2440
RC Fax (914) 468-7751 www.larchmontyc.org, email: racecommittee@larchmontyc.org